

MICROBLADING / PERMANENT MAKEUP TREATMENT/ BEFORE & AFTER CARE INSTRUCTIONS

WHAT TO EXPECT IN THE HEALING PROCESS FOR ALL BROW ENHANCEMENT PROCEDURES.

- **WHILE YOUR SKIN HEALS, BE PREPARED FOR THE COLOR INTENSITY OF YOUR PROCEDURE TO BE SIGNIFICANTLY LARGER, SHARPER, BRIGHTER, OR DARKER** than what is expected for the final outcome. This is a normal and expected result of the application and healing process. The healing process will take a number of days to complete, depending on how quickly the outer layer of your skin exfoliates and new skin regrows to take its place. _____ **Initial**
- Color will appear darker and bolder after the procedure. Your color will oxidize and darken over the first few days. The color **CAN AND WILL** fade/soften anywhere from 10% to 50% or more. _____ **Initial**
- Some residual swelling is normal for ALL procedures. Swelling and healing time is individualized. It can be minimal on clients. Every client is different. Blanching (whiteness around the treatment area) and redness is to be expected and can vary from client to client. It can last a few hours to a few days. _____ **Initial**
- The area may appear uneven, dry, itchy, tender, red & irritated. This is all 100% normal. **DO NOT PICK.** These symptoms will dissipate each day and vary on an individual basis. _____ **Initial**
- Picking can lift color and pigment from the treated area resulting in unevenness and blank spots. Let the brows flake off naturally. _____ **Initial**
- Your brows may not exfoliate evenly. Please do not pick at the scabs. During the exfoliation process your color may look weak, orangey, pinkish, or grey. This will not be your final result. It takes a full 6 weeks or more for your true color to surface. Please be patient and wait until you are fully healed before you critique your eyebrows. Any refinements can be addressed at a follow up visit. _____ **Initial**
- Healing is specific to each client. It is important to realize that you will need a color boost every 2 years to maintain its fresh natural appearance. Fading **WILL** happen after each procedure. We do not have control over your bodies healing process. _____ **Initial**
- Everyone's genetics, physiological make up, and lifestyle will affect the treatment in various unique ways. You may need still to powder and/or pencil your eyebrows even after the healed results. This is an enhancement to your natural brows.... not a permanent one. _____ **Initial**
- If you are out in the sun a lot, have oily skin, use anti-aging creams, Retin-A /retinol products, acidic cleansers, natural elements, regular chemical peels, or exercise frequently, your permanent makeup **WILL** fade prematurely. The better you take care of the treated area and follow the provided aftercare, the longer it will last. _____ **Initial**
- Remember, that no two sides of the face are the same or perfectly symmetrical. While trying to obtain perfect symmetry is our goal note that nothing is **PERFECT.** _____ **Initial**
- When you leave the studio your shaded eyebrows and/or your hair strokes are intact. Remember your technician will do their best to help you heal properly but lifestyle, genetics, age, and certain environmental factors can/will contribute to the retention of your eyebrows. _____ **Initial**

Client/Model Signature

- It is very common to have areas fade more so than others. This is part of the healing process and it may be treated at the recommended touch up appointment. Previously done eyebrows may take 1-3 treatments to achieve the desired result. Scar tissue in the brow area of eyebrows done multiple times WILL require additional procedures and fees will apply. _____ **Initial**
- Permanent Makeup is an art, NOT a science. All clients' results will vary. The use of makeup such as a brow pencil or powder may still be needed. This is not a "no maintenance" treatment but a "low maintenance" one. _____ **Initial**
- If you decide to change your mind and switch to a have powder-filled/ombre/shaded eyebrow procedure after your first hair stroke/microblading procedure and do not want to do hair strokes for your follow up appointment, you will be charged accordingly for the change of service. You will/may also be charged a "set-up" fee for your 3rd follow up because the service performed has been changed. _____ **Initial**
- Follow up visits should be done within 6 - 8 weeks after your initial treatment. Any additional touch up's with in 6 - 12 months are an additional charge. WE DO NOT DO FREE TOUCH UP's after your FOLLOW UP visit but will price accordingly to your individual needs. _____ **Initial**

BEFORE THE TREATMENT:

- You have to be off Accutane or any prescribed acne medications for 1 year. NO Exceptions!
- Do not take Aspirin, Fish Oil, Niacin, Vitamin E and/or Ibuprofen or blood thinners, unless medically necessary, 72 hours prior to your procedure. Tylenol is fine.
- Do not drink coffee, alcohol or energizing drinks on the day before and of procedure. This will minimize any oozing/bleeding or swelling after the procedure.
- If you are used to getting your brows tinted, do at least 1 week prior to the permanent makeup procedure.
- Do not tan or sun bathe 30 days before and after the procedure.
- If you get your eyebrows waxed, threaded, or tinted, please have this done at least 72 hours prior to your scheduled procedure. It is recommended to wait at least 14 days to have them waxed or threaded & 30 days for tinting after the procedure.
- Do not have any chemical peels, microdermabrasions, mesotherapy, or any other intense treatments which will cause faster skin cell rejuvenating and cause skin irritation 3-4 weeks before procedure.
- Wash your hair before the procedure

Client/Model Signature

AFTER THE TREATMENT:**The day of the treatment - First 12hrs:**

- Gently blot the area with clean tissue to absorb any excess lymph fluid. (Lymph is a clear fluid-like substance that might slightly ooze from eyebrow area.)
- You may or may not have any during this time. But if you do, we want to avoid letting it dry on the eyebrow area and form a crust
- Do this every 5 minutes for the full all signs of lymph have stopped.
- Removing this fluid will prevent any hardening/crusting of the lymph.

Days 1-10: WASH

- Beginning in the AM of the next day, you will gently wash to remove any bacteria and dead skin.
- Instructions for washing: Once in the AM and Once in the PM ONLY! Using GENTLE cleanser. (You will do this outside of the shower only!)
- With a very light touch, use your fingertips to gently cleanse the eyebrows. Gently rub the area in a smooth motion following hair growth for 10 seconds, then gently rinse with temperate water. Not hot!!! Make sure that all soap is rinsed away.
- Very gently, and thoroughly, pat dry with a tissue or paper towel
- **DO NOT** use any other cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliants. ONLY what is recommended.

Days 1-10: MOISTURIZE

- Allow your brows to air dry for at least 5 mins. Brows should be 100% Dry prior to this step. Never put your Hustle Butter or aftercare ointment on wet or damp brows.
- Apply a very small amount of aftercare ointment with a cotton swab, and spread it across the treated area. Be sure not to over-apply as this will suffocate your skin and delay healing. The ointment should not leave a noticeable shine or film on the eyebrows. Apply only enough to moisturize!

IMPORTANT REMINDERS

- Use a fresh pillow case, and do not sleep on your face or eyebrows!
- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring and will cause loss of color. Your flakes will gently fall off by themselves when they are ready to!
- No facials, botox, chemical treatments or microdermabrasion for 4 weeks after treatment
- Avoid hot, sweaty exercise for at least one week. You can lightly exercise, but nothing that will cause overexertion or extreme sweating whatsoever.
- Avoid direct sun exposure and tanning for 4 weeks after procedure. Wear a hat when outdoors. And once fully healed, be sure to protect your eyebrow with SPF. Any prolonged sun exposure will cause premature fading.
- Avoid taking long hot showers for the first 10 days. And when in the shower, avoid water completely on the eyebrow area. You will only be gently washing them in the AM and PM, outside of the shower, and without hot water.
- Avoid swimming, or any kind until your eyebrows have completely healed!

- Avoid applying any type of makeup to your brow area. Do not get any concealer, powder or anything on the area for at least 2 weeks.
- Keep your hands off of the area. No picking or scratching the treated area. (If you have any itching during healing, you may apply a small amount of Bactine.)
- DO NOT USE growth enhancement products such as Latisse, Revitabrow, Grande lash, one month prior and after treatment has fully healed as it may shift your color.
- Smoking WILL cause the pigment to fade prematurely and anesthetics will not last as long.

IMPORTANT NOTE ABOUT SHOWERING:

You will want to limit the time you spend in the shower. Avoid using very hot water and creating steam. This will create unwanted moisture on the face. You can even cover your forehead and eyebrow area with a shower cap as you wash your body.

Touch-Up / Set up Fees (Subject to change)

No fee - if 1st Follow up is done by student (within 6-8 weeks)

\$ - 1st touch up fee / set up fee if done by trainer

\$ - touch ups done after 6 months - 12 months

\$ - Full Price

I have read and understood the risks to this procedure. I have read and understood the aftercare protocols after my treatment and promise to follow the aftercare instructions. If I do not follow the aftercare I may ruin the results and the technician and Deluxe Brows has the right to release me from any future services.

Date _____

Client / Model Name Printed _____

Client / Model Email _____ Phone number _____

Client / Model Signature _____

Technician Name _____